

BSC SUMMER PROGRAM					
July 2nd, 2019 - August 16th, 2019					
TIME	MONDAY TO THURSDAY	TIME	MONDAY TO THURSDAY	TIME	FRIDAY
STARComp/COMP - Package A 8:30 AM - 2:15 PM (3 FS)		STARComp/COMP - Package B 8:30 AM - 12:45 PM (2 FS)		STAR 4 TO GOLD -Package A and B 9:00 AM - 11:15 AM	
8:30 AM - 8:50 AM	OFF-ICE WARM UP	8:30 AM - 8:50 AM	OFF-ICE WARM UP	9:00 AM - 9:45 AM	FREESKATE
9:00 AM - 9:15 AM	SPINS	9:00 AM - 9:15 AM	SPINS	9:45 AM - 10:15 AM	GROUP
9:15 AM - 10:00 AM	FREESKATE / GROUP (Monday)	9:15 AM - 10:00 AM	FREESKATE / GROUP (Monday)	10:30 AM - 11:15 AM	THEATRE
10:10 AM - 10:55 AM	FREESKATE	10:10 AM - 10:55 AM	FREESKATE	STARComp/COMP - Package A and B 11:15 AM - 1:30 PM	
10:55 AM - 11:10 AM	GROUP	10:55 AM - 11:10 AM	GROUP		
12:00 PM - 12:45 PM	OFF-ICE	12:00 PM - 12:45 PM	OFF-ICE	11:15 AM - 11:45 AM	GROUP
1:00 PM - 1:45 PM	FREESKATE			11:45 AM - 12:30 PM	FREESKATE
1:50 PM - 2:15 PM	OFF-ICE STRETCH			12:45 AM - 1:30 PM	FREESKATE
STAR 4 TO GOLD - Package A 10:55 AM - 2:45 PM (2 FS)					
10:55 AM - 11:10 AM	OFF-ICE WARM-UP				
11:20 AM - 11:30 AM	SPINS	STAR 4 TO GOLD - Package B 12:30 PM - 2:45 PM (1 FS)		TIME	WEDNESDAYS (WEEKS 2-7)
11:30 AM - 12:15 PM	FREESKATE			3:00 PM - 4:00 PM	SIMULATIONS - PAD 3
12:30 PM - 12:40 PM	STROKING	12:30 PM - 12:40 PM	STROKING		
12:40 PM - 12:50 PM	DANCE	12:40 PM - 12:50 PM	DANCE		
12:50 PM - 1:00 PM	SKILLS	12:50 PM - 1:00 PM	SKILLS	WEEK 1	July 2 - July 5 (4 days)
1:10 PM - 1:50 PM	OFF-ICE	1:10 PM - 1:50 PM	OFF-ICE	WEEK 2	July 8 - July 12
2:00 PM - 2:45 PM	FREESKATE	2:00 PM - 2:45 PM	FREESKATE	WEEK 3	July 15 - July 19
STAR 2/3 2:00 PM - 4:00 PM		STAR 1 2:00 PM - 3:45 PM (Weeks 2-5)		WEEK 4	July 22 - July 26 (competition)
2:00 PM - 2:30 PM	OFF-ICE	2:00 PM - 2:30 PM	OFF-ICE	WEEK 5	July 29 - Aug 2
2:45 PM - 2:55 PM	SKILLS	2:45 PM - 2:55 PM	SKILLS	WEEK 6	Aug 5 - Aug 9 (competition)
2:55 PM - 3:05 PM	DANCE	2:55 PM - 3:05 PM	DANCE	WEEK 7	Aug 12 - Aug 16 (competition)
3:05 PM - 3:15 PM	STROKING	3:05 PM - 3:15 PM	STROKING		
3:15 PM - 4:00 PM	FREESKATE	3:15 PM - 3:45 PM	FREESKATE		
6:10 PM - 7:00 PM	CANSKATE (TUES / THURS) WEEKS 2-5				
7:00 PM - 8:00 PM	TEEN/ADULT OPEN SKATE (TUES/THURS) WEEKS 2-5				

STAR 1 Must have passed CanSkate Stage 5 or 6.
STAR 2/3 Must have passed the STAR 1 Freeskate test.
STAR 4/5 Must have passed the complete STAR 3 Freeskate test or the complete Preliminary Free Skate test.
STARComp Must be planning to compete at STAR 8 or higher in 2019-2020
COMPETITIVE Must be competing at Pre-Novice or higher